

Downyflake Doughnuts

18 Sparks Avenue • Nantucket, MA 02554



BREAKFAST

Monday - Saturday
6am - 2pm

Sundays
6am - 1pm
Off-season • 7am - 1pm

LUNCH

Monday - Saturday
11am - 2pm



www.thedownyflake.com
508-228-4533

We do not accept
credit cards
ATM on premises

Monday-Saturday
6am - 2pm

BREAKFAST

Sunday
6am - 1pm

Eye Openers

"Green Mountain Coffee"	2.75
breakfast blend hazelnut country blend decaf	
Freshly Squeezed Juice (as available)	
orange juice	small/5.00 • large/6.00
lemonade	4.00
Hot Chocolate & Whipped Cream	2.75

Morning Temptations

Our Fresh Baked Doughnuts:	1.00 each
sugar coated chocolate frosted maple glazed coconut plain	
Signature Pastries:	2.25
blueberry scones raspberry brambles	
Scotch Irish Cake	2.50
Bagels:	2.50
"everything bagel" plain (includes butter, cream cheese or peanut butter)	
w/ lite cream cheese	.50
w/ spicy garden cream cheese	1.50
w/ smoked salmon-dill cream cheese	1.95
Muffins:	1.75
blueberry cranberry-walnut corn	

Simply Eggs

Just Eggs with *toast, doughnut, biscuit or muffin	
one egg 4.50 two 6.25 three 7.25	
Eggs with bacon, sausage or ham & *toast, doughnut, biscuit or muffin	
one egg 7.25 two 8.25 three 9.25	
*toast: white wheat rye Portuguese raisin	

Flake Special

two eggs choice of breakfast meat home fries choice of *toast, doughnut, biscuit or muffin	9.95
Substitute: gluten-free bread	1.95
*toast: white wheat rye Portuguese raisin	

Eggs Your Way

Build Your Own

choice of *toast, doughnut, biscuit or muffin	
3 egg scramble or omelet	7.25
plain (no cheese)	
add cheese:	1.50 each
American cheddar Swiss pepper jack feta	
add meat inside: bacon sausage ham	2.00 each
add linguica or hash inside:	2.50 each
choose a veggie: broccoli spinach mushrooms green peppers roasted red peppers tomatoes onions potatoes pesto	1.00 each
add a side: salsa sour cream	.25 each
substitute: egg beaters egg whites	2.25
*toast: white wheat rye Portuguese raisin	

The Griddle

Our Famous Blueberry Pancakes	9.75
tall stack blueberries house-made blueberry syrup	
Plain Pancakes (3)	8.00
Short Stack (2)	7.00
Single Pancake	4.00
add: blueberries cranberries sliced banana chocolate chips walnuts pecans	1.50 each
add: fresh strawberries	2.00
add: pure maple syrup	3.00
add: blueberry syrup	.25
French Toast (3 pc)	7.95
Raisin Bread French Toast	8.00
Nantucket's "Something Natural Bakery"	
Belgian Waffle	9.00

Rise 'N Shine

choice of *toast, doughnut, biscuit or muffin	
Hash & Eggs	11.50
2 eggs corned beef hash	
Ham & Beans	11.25
2 eggs baked beans	
Linguica & Eggs	13.25
2 eggs spicy Portuguese sausage home fries	
Steak & Eggs	14.95
2 eggs 6 oz. NY strip home fries	
Biscuit & Sausage Gravy served 'till 11 am	7.95
add one egg 9.95 add two eggs 11.95	

*toast: white | wheat | rye | Portuguese | raisin

Omelet & Scramble Favorites

NO substitutions please

choice of *toast, doughnut, biscuit or muffin	
The Western	10.50
3 eggs ham onions	
The Denver	12.75
3 eggs ham red & green peppers onions American cheese	
The Portuguese	12.95
3 eggs linguica red & green peppers cheddar	
The 'Sconset	12.50
3 eggs bacon spinach tomatoes feta	
The Bartlett	11.50
3 eggs mushrooms tomatoes potatoes cheddar	
The Dory	10.50
3 eggs broccoli mushrooms American cheese	
The Morning Glory	11.95
3 eggs broccoli mushrooms red peppers onions pesto	
*toast: white wheat rye Portuguese raisin	

Our apologies, but we do not accept credit cards.
ATM on premise.

Purchases subject to 6.25% state tax & .75% local tax.

**Consuming raw or undercooked eggs, beef, chicken & pork may increase your risk of food borne illness.
Before placing your order, please inform your server if a person in your party has a food allergy.

Breakfast Sandwiches

McDowny Sandwich	5.50
fried egg choice of breakfast meat American cheese English muffin	
The Caprese	8.95
frittata spinach onions tomato mozzarella pesto-mayo focaccia bread	
Steak, Egg & Cheese Hoagie	9.95
scrambled egg sliced steak mushrooms onions pepper jack cheese hoagie roll	

On The Lighter Side

Breakfast Quesadilla	12.50
scrambled egg beaters mushrooms onions red & green peppers pepper jack cheese low-carb wheat tortilla salsa sour cream	
Smoked Salmon & Bagel Plate	14.75
choice of bagel cream cheese tomato red onion capers	
Fruit & Yogurt Combo	10.50
fresh fruit bowl side of fat-free vanilla yogurt house-made granola topping	
Breakfast Parfait	8.25
fat-free vanilla yogurt fresh strawberries house-made granola topping	
Oatmeal served 'till 11 am	6.95
raisins brown sugar	
House-Made Granola	
	w/ milk 5.95 w/ yogurt 6.95
Cold Cereal w/ milk	4.50
add: bananas strawberries 2.00 each	
Fresh Fruit Bowl	8.50
add: cottage cheese 2.25	
add: yogurt 2.50	
Gluten-Free Pancakes (3)	9.95
Gluten-Free Blueberry Muffin	3.25
Gluten-Free Bread (2 slices)	3.00

Breakfast à La Carte

Bacon Sausage Ham	3.00
Linguica	4.50
Corned Beef Hash	5.50
Home Fries	3.00
Baked Beans	3.00
Side of Yogurt	2.95
Side of Cottage Cheese	2.50
Mini Fruit Bowl	5.00
Sliced Tomatoes (3 pc)	2.50
Single Egg	3.00
6oz. NY Strip	8.95
Side of Smoked Salmon	7.95
English Muffin	1.95
Warm Biscuit	1.50
Toast	1.75
white wheat rye Portuguese raisin	

Junior Menu

for our patrons 12 years & under

Breakfast

McDowny Sandwich	5.50
fried egg choice of breakfast meat American cheese English muffin	
French Toast (2 pc)	6.00
Pancakes	one 4.00 two 7.00
add: bananas blueberries cranberries chocolate chips 1.50 each	
One Scrambled Egg	4.50
choice of *toast, doughnut, biscuit or muffin	
add: bacon sausage 2.00 each	
Frosted Flakes or Cheerios	4.50

*toast: white | wheat | rye | Portuguese | raisin

Lunch

Grilled Cheese & Chips	7.50
Burger & Chips	7.95
Hot Dog & Chips	5.50
PB&J & Chips	5.00

Beverages

Juice	apple orange cranberry tomato ruby-red grapefruit	small/2.50 large/3.25
V-8		3.00
Milk	whole milk 2% milk chocolate milk	small/2.75 large/3.50
Soda Cans		2.25
Pepsi diet Pepsi Mist Twist gingerale root beer Mountain Dew Orange Crush Fresca Polar seltzer Polar raspberry-lime		
Spindrift Sparkling Waters (sugar-free)	lemon grapefruit blackberry	2.50
Nantucket Nectars	apple cranberry orange-mango pomegranate-pear pineapple-orange-guava half & half	3.50
Gatorade	orange lemon-lime fruit punch	3.00
Naked Juice Smoothies	mighty mango strawberry-banana red machine	4.50
Hot Tea	Lipton original Earl Grey black tea green tea mint (decaf) orange spice (decaf) orange-pekoe black (decaf)	2.50
Iced Tea		2.95
Iced Coffee		2.95
Bottled Water		small/2.50 large/3.50

Downyflake Retail

Available at take-out counter

- Tee Shirts
- Coffee Mugs
- Decals
- Gift Cards



Soup

Soup of the Day cup/5.25 bowl/6.25
 Nantucket Quahaug Chowder cup/5.95 bowl/6.95

Hearty Sandwiches

served with French fries
Grilled Chicken Sandwich 12.25
 boneless breast | bacon | American cheese | lettuce |
 tomato | Thousand Island dressing
Tuna Melt 12.50
 albacore tuna | onions | Swiss cheese |
 Portuguese bread
Grilled Portobello Mushroom 11.95
 spinach greens | roasted red pepper | mozzarella |
 pesto-mayo | focaccia bread
substitute: gluten-free bread
California Reuben 12.75
 sliced turkey | Swiss cheese | coleslaw |
 Thousand Island dressing | Portuguese bread
Philly Cheese Steak 12.95
 sautéed mushrooms | sautéed onions |
 American cheese | hoagie roll

Deli Sandwiches

served with potato chips
Turkey Club (2 slices of bread) 10.50
Sliced Deli Turkey or Ham 9.50
Chicken Salad 9.50
Tuna Salad 9.50
B.L.T. 8.50
Grilled Cheese 7.50
Grilled Cheese & Tomato 8.25
Grilled Cheese & Bacon or Ham 9.95
add to any sandwich: tomato .75 | cheese 1.50
 bacon 2.00 | ham 2.00 | fried egg 2.00

Lunch à La Carte

French Fries 3.00
Baked Beans 3.00
Coleslaw 2.50
Side of Yogurt 2.95
Side of Cottage Cheese 2.50
Sliced Tomatoes (3 pc) 2.50
Mini Green Salad 5.00
Mini Fruit Bowl 5.00
Side of Chicken Salad 5.00
Side of Tuna Salad 5.00
Sautéed Broccoli or Spinach 3.95
Potato Chips 1.50

Salads

served with choice of dressing: house vinaigrette | ranch |
 Thousand Island | bleu cheese | balsamic vinaigrette |
 fat-free Italian | fat-free ranch
Cobb Salad 13.50
 greens | grilled chicken | bacon | tomato | cucumber |
 red onion | hardboiled egg | bleu cheese
Chef Salad 12.95
 greens | sliced turkey | sliced ham | Swiss cheese |
 American cheese | tomato | cucumber | red onion |
 hardboiled egg
Greek Salad 11.50
 greens | tomato | cucumber | red onion |
 black olives | feta cheese | lemon-herb vinegarett
Chicken or Tuna Salad Plate 11.95
 greens | tomato | cucumber | red onion | coleslaw
Garden Salad 12.75
 tomato | cucumber | red onion | croutons
 small/6.95 large/8.95
add to any salad: grilled chicken 5.50
 tuna salad 5.00 | chicken salad 5.00
 baked sole 7.00 |

Lunch Platters

New England Codfish Cakes 12.95
 egg sauce | baked beans | coleslaw | biscuit
Fish & Chips 13.95
 golden fried sole | French fries | coleslaw | biscuit

Burgers & Dogs**

Build Your Own served with potato chips
Hamburger 7.95
add cheese: American | cheddar | Swiss |
 bleu cheese | pepper jack 1.50 each
add: bacon 2.00 | fried egg 2.00
choose a topping: tomatoes .75 | sautéed onions .95 |
 sautéed mushrooms 1.00 each
The "Downy Burger" 10.00
 bacon | American cheese | lettuce | tomato | mayo
Hamburger "de Luxe" 13.95
 2 patties | sautéed onions | lettuce | tomato |
 open-faced burger roll | French fries
add cheese: 1.50 | **extra bun:** 1.00
Hot Dog ("all beef") 5.50
Downy Big "Dawg" 9.00
 quarter pound "all beef" dog | American cheese |
 chopped onion | relish
add: sauerkraut 1.00

Check our Specials Board
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 For Our Daily Specials

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