

# Downyflake Doughnuts

## BREAKFAST

Monday-Saturday • 6am - 2pm

Sunday • 6am - 1pm

www.thedownyflake.com • 508-228-4533

We do not accept credit cards • ATM on premises

### Eye Openers

#### "Green Mountain Coffee"

breakfast blend | hazelnut | country blend decaf 2.25

#### Freshly Squeezed Juice (as available)

orange juice small/4.75 • large/5.95

lemonade 3.95

#### Hot Chocolate & Whipped Cream 2.25

### Morning Temptations

#### Our Fresh Baked Doughnuts .90 each

sugar coated | chocolate covered | maple glazed | coconut | plain

#### Signature Pastries 2.00

blueberry scones | raspberry brambles

#### Scotch Irish cake 2.25

#### Bagels 2.50

"everything bagel" | multi-grain | plain (includes butter, cream cheese or peanut butter)

w/ lite cream cheese .50

w/ spicy garden cream cheese 1.00

w/ wild berry cream cheese 1.00

w/ smoked salmon-dill cream cheese 1.50

#### Muffins 1.50

blueberry | cranberry-walnut | corn

### Simply Eggs\*\*

Just Eggs w/ \*toast, doughnut, biscuit or muffin one egg 4.25 | two 5.25 | three 6.25

Eggs with bacon, sausage or ham & \*toast, doughnut, biscuit or muffin one egg 6.25 | two 7.25 | three 8.25

### Flake Special\*\*

two eggs | choice of breakfast meat | home fries | choice of \*toast, doughnut, biscuit or muffin 8.95

\*toast: white | wheat | rye | Portuguese |

6-grain | raisin

Substitute: gluten-free bread 1.50

### Eggs Your Way\*\*

Build Your Own w/ toast, doughnut, biscuit or muffin 3 egg scramble or omelet 6.25

plain (no cheese) 1.25 each

add cheese: American | cheddar | Swiss | pepper jack | feta 1.25 each

add meat inside: bacon | sausage | ham 1.95 each

add linguica or hash inside: 2.50 each

choose a veggie: broccoli | spinach | mushrooms |

green peppers | roasted red peppers | tomatoes |

onions | potatoes | pesto .95 each

add a side: salsa | sour cream .25 each

substitute: egg beaters | egg whites 1.95

### The Griddle

Our Famous Blueberry Pancakes 8.95

tall stack | blueberries | house-made blueberry syrup

Plain Pancakes (3) 7.50

Short Stack (2) 6.50

Single Pancake 3.50

add: blueberries | cranberries | sliced banana | chocolate chips | walnuts | pecans 1.25 each

add: fresh strawberries 1.50

add: pure maple syrup 3.00

add: blueberry syrup .25

French Toast (3 pc) 6.95

Raisin Bread French Toast 7.50

Nantucket's "Something Natural Bakery"

Sweet Bread French Toast 7.95

locally baked challah bread

Belgian Waffle 8.50

### Rise 'N Shine\*\*

w/ toast, doughnut, biscuit or muffin

Hash & Eggs 10.25

2 eggs | corned beef hash

Ham & Beans 9.50

2 eggs | baked beans

Linguica & Eggs 10.95

2 eggs | spicy Portuguese sausage | home fries

Steak & Eggs 13.50

2 eggs | 6 oz. NY strip | home fries

Biscuit & Sausage Gravy served 'till 11 am 6.95

add one egg 8.95 | add two eggs 10.95

### Omelet & Scramble Favorites\*\*

NO substitutions please

w/ toast, doughnut, biscuit or muffin

The Downy 9.25

3 eggs | mushrooms | onions | tomatoes | sour cream

The Western 8.95

3 eggs | ham | onions

The Denver 10.50

3 eggs | ham | red & green peppers | onions | American cheese

The Portuguese 11.25

3 eggs | linguica | red & green peppers | cheddar

The 'Sconset 10.25

3 eggs | bacon | spinach | tomatoes | feta

The Bartlett 9.95

3 eggs | mushrooms | tomatoes | potatoes | cheddar

The Dory 9.25

3 eggs | broccoli | mushrooms | American cheese

The Morning Glory 10.50

3 eggs | broccoli | mushrooms | red peppers | onions | pesto

### Breakfast Sandwiches\*\*

McDowny Sandwich 4.95

fried egg | choice of breakfast meat |

American cheese | English muffin

The Caprese 7.25

frittata | spinach | onions | tomato |

mozzarella | pesto-mayo | focaccia bread

Steak, Egg & Cheese Hoagie 8.95

scrambled egg | sliced steak | mushrooms |

onions | pepper jack cheese | hoagie roll

\*\*Consuming raw or undercooked eggs, beef, chicken & pork may increase your risk of food borne illness. Before placing your order, please inform your server if a person in your party has a food allergy.



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## On The Lighter Side

<b>Breakfast Quesadilla</b>	10.25
scrambled egg beaters   mushrooms   onions   red & green peppers   pepper jack cheese   low-carb wheat tortilla   salsa   sour cream	
<b>Smoked Salmon &amp; Bagel Plate</b>	12.95
choice of bagel   cream cheese   tomato   red onion   capers	
<b>Fruit &amp; Yogurt Combo</b>	9.25
fresh fruit bowl   side of fat-free vanilla yogurt   house-made granola topping	
<b>Breakfast Parfait</b>	7.25
fat-free vanilla yogurt   fresh strawberries   house-made granola topping	
<b>Oatmeal</b> <i>served 'till 11 am</i>	5.95
raisins   brown sugar	
<b>House-Made Granola</b>	w/ milk 4.95   w/ yogurt 5.95
<b>Cold Cereal w/ milk</b>	3.95
<b>add:</b> bananas   strawberries	1.95 each
<b>Fresh Fruit Bowl</b>	7.25
<b>add:</b> cottage cheese	2.25
<b>add:</b> yogurt	2.50
<b>Gluten-Free Pancakes (3)</b>	9.00
<b>Gluten-Free Blueberry Muffin</b>	2.75
<b>Gluten-Free Bread (2 slices)</b>	3.00

## JUNIOR MENU\*\*

for our patrons 12 years & under

### Breakfast

<b>McDowny Sandwich</b>	4.95
fried egg   choice of breakfast meat   American cheese   English muffin	
<b>French Toast (2 pc)</b>	5.50
<b>Pancakes</b>	one 3.50   two 6.50
<b>add:</b> bananas   blueberries   cranberries   chocolate chips	1.00 each
<b>One Scrambled Egg</b>	4.25
choice of toast, doughnut, biscuit or muffin	
<b>add:</b> bacon   sausage   ham	1.95 each
<b>Frosted Flakes or Cheerios</b>	3.95

### Lunch

<b>Grilled Cheese &amp; Chips</b>	6.50
<b>Burger &amp; Chips</b>	7.00
<b>Hot Dog &amp; Chips</b>	4.95
<b>PB&amp;J &amp; Chips</b>	4.50

## LUNCH

Monday - Saturday • 11am - 2 pm

### Soup

<b>Soup of the Day</b>	cup/4.95	bowl/5.95
<b>Nantucket Quahaug Chowder</b>	cup/5.50	bowl/6.50

### Hearty Sandwiches

 served with French fries

<b>Grilled Chicken Sandwich</b>	10.50
boneless breast   bacon   American cheese   lettuce   tomato   Thousand Island dressing   fries	
<b>Tuna Melt</b>	10.50
albacore tuna   onions   Swiss cheese   Portuguese bread   fries	
<b>Grilled Portobello Mushroom</b>	10.50
spinach greens   roasted red pepper   mozzarella   pesto-mayo   focaccia bread   fries	
<b>substitute:</b> gluten-free bread	1.50

<b>Corned Beef Reuben</b>	10.95
Swiss cheese   sauerkraut   Thousand Island dressing   rye bread   fries	
<b>California Reuben</b>	10.95
sliced turkey   Swiss cheese   coleslaw   Thousand Island dressing   Portuguese bread   fries	
<b>Philly Cheese Steak</b>	11.25
sautéed mushrooms   sautéed onions   American cheese   hoagie roll   fries	
<b>Deli Sandwiches</b>	served with potato chips
<b>Turkey Club (2 slices of bread)</b>	8.95
<b>Sliced Deli Turkey or Ham</b>	7.95
<b>Chicken or Tuna Salad</b>	7.95
<b>Egg Salad</b>	6.95
<b>B.L.T.</b>	7.50
<b>Grilled Cheese</b>	7.00
<b>Grilled Cheese &amp; Tomato</b>	7.50
<b>Grilled Cheese &amp; Bacon or Ham</b>	8.95
<b>add to any sandwich:</b> tomato	.50   cheese .95
<b>add to any sandwich:</b> bacon	1.95   ham 1.95   fried egg 2.00

### Salads

served with choice of dressing: house vinaigrette   ranch   Thousand Island   bleu cheese   balsamic vinaigrette   fat-free Italian   fat-free ranch	
<b>Cobb Salad</b>	11.25
greens   grilled chicken   bacon   tomato   cucumber   red onion   hardboiled egg   bleu cheese	
<b>Chef Salad</b>	11.25
greens   sliced turkey   sliced ham   Swiss cheese   tomato   American cheese   hardboiled egg   cucumber   red onion	
<b>Greek Salad</b>	9.95
greens   tomato   cucumber   red onion   croutons   black olives   feta cheese   lemon-herb vinaigrette	
<b>Chicken or Tuna Salad Plate</b>	10.95
greens   tomato   cucumber   red onion   coleslaw	
<b>Garden Salad</b>	small/6.50 large/8.50
tomato   cucumber   red onion	
<b>add to any salad:</b> grilled chicken	4.95
<b>add to any salad:</b> tuna salad	4.95   chicken salad 4.95
<b>add to any salad:</b> baked sole	5.95   baked salmon 6.95

### Lunch Platters

<b>New England Codfish Cakes</b>	11.50
egg sauce   baked beans   coleslaw   biscuit	
<b>Fish &amp; Chips</b>	12.95
golden fried sole   French fries   coleslaw   biscuit	

### Burgers & Dogs\*\*

<i>Build Your Own</i> - served with potato chips	
<b>Hamburger</b>	7.00
<b>add cheese:</b> American   cheddar   Swiss   bleu cheese   pepper jack	.95 each
<b>add:</b> bacon	1.95   fried egg 2.00
<b>choose a topping:</b> tomatoes	.50   sautéed onions .75
<b>choose a topping:</b> sautéed mushrooms	.95 each
<b>The "Downy Burger"</b>	9.50
bacon   American cheese   lettuce   tomato   mayo	
<b>Hamburger "de Luxe"</b>	12.95
2 patties   sautéed onions   lettuce   tomato   open-faced burger roll	
<b>add cheese:</b> 1.00   <b>extra bun:</b> 1.00	
<b>Hot Dog ("all beef")</b>	4.95
<b>Downy Big "Dawg"</b>	8.50
quarter pound "all beef" dog   American cheese   chopped onion   relish	
<b>add:</b> sauerkraut	1.00